

Guidelines - how scores are awarded in forms



Criteria for hand form
1. Correct Posture
2. Correct Stance
3. Distinguishing Yin & Yang
4. Intent and Focus
5. Coordination
6. Smooth transitions between techniques
7. Balanced turning and stepping
8. Softness and Relaxation of the body
9. Aesthetic appearance
10. Martial spirit

Criteria for weapon form
1. Correct Posture
2. Correct Stance
3. Distinguishing Yin & Yang
4. Intent and Focus
5. Harmony between Body and Weapon
6. Correct use of Jin
7. Balance and Agility
8. Control of Weapon
9. Aesthetic appearance
10. Martial spirit

Additional criteria for fast form
11. Explosive use of Force (Jin)
12. Clear and defined techniques

Note: Fast form is not available in group competitions this year.

Scoring	Explanation
9-10	Perfect performance, All 10 criteria to highest stand.
8-9	Very high level of performance, with small imperfections.
7-8	Good overall performance but with some minor deficiencies in key areas
6-7	Good performance but with some technical shortcoming.
5-6	Satisfactory performance but technically weak in some areas.
4-5	Below the level expected in international competitions.
3-4	Major deficiencies or mistakes
0-3	Inappropriate form or techniques.

Scores can have one decimal position, for example: 7.5, 8.2, 9.6, 6.0 etc.

Additional criteria for group form
11. Management of space and time
12. Coordination between members of the group

Additional criteria for choreographed confrontational demonstration
11. Management of space and time
12. Coordination between members of the group
13. Choreography